

Rockmosa Older Adult Centre

"10 Warning Signs of Dementia Alzheimer Society & What to do about them!"



Join Robin Smart as she looks at the <u>10 warning signs of dementia</u> and what to do about it. The presentation includes a film with personal & practical stories of people living with dementia and how they cope each day. A brief discussion and handouts will be provided.

Tuesday, January 22nd 2:00pm



FREE workshop! Please register in advance. Community program Manager: <u>mbiffis@get.on.ca</u> • 519-9596 Ext. 139 • <u>www.get.on.ca</u>

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